

# New College Worcester



## Address:

Whittington Road,  
Worcester  
WR5 2JX

## Teachers:

Jane Briggs

## Parking:

On arrival, please follow the driveway round to the right (5mph speed limit at all times) and park in the Visitors carpark. From there is a 100m walk to the pool, which is signposted.



## Timing of arrival:

Please allow at least 15 minutes before your lesson starts to get changed.

## Entry Info:

Shoes must be taken off in the foyer and stowed neatly. A red visitors register is on the window sill and must be filled in by all people attending the session. Once shoes are taken off, go through the door and into the lobby, turn right for ladies, left for mens and straight on for the pool.

## Showers & Changing facilities

Please do not give your baby/toddler food or drink in the changing rooms (except water)  
There is a separate toilet in the disabled changing room.  
Please shower before going onto poolside for your class

## Temperature of pool:

30C

## Wetsuits :

Wetsuits may be needed at this venue

## Spectators:

There is ample space on poolside for spectators and there is no need to book. Spectators are not to use mobile phones at any time.  
Please sign in using the Visitor register on arrival (The Teacher will make this available to you)

**Mobile phones must not be taken onto poolside or used in the Changing rooms**

## Pool Safety info:

Please take care on entering the pool as there are no barriers and you will enter the pool hall where the pool is a depth of 2m.

## Fire exit & Evacuation procedure:

Please follow the advice and direction of your Teacher who is also your life-guard in the event of an emergency.

### Refreshments:

Not provided

### Essentials / Health & Safety:

- All babies/toddlers not potty trained MUST be DOUBLE-BAGGED. (2 layers)
- Disposable swim nappies can be rinsed and re-used.
- Aquatots recommend **Tots Bots** re-useable swim nappy to be worn alongside our Neoprene swim pants and are available from the Aquatots website at [www.aquatots.co.uk](http://www.aquatots.co.uk)
- Please do not feed your baby/toddler within 1- 1 ½ hours of coming swimming, 30minutes if breastfed.
- Hair should be tied back or a hat worn, if hair is shoulder length or below (parents and children).
- Goggles for parents are required from week 4 of our duckling course.
- All equipment used and coloured poly hats can be purchased through [www.aquatots.co.uk](http://www.aquatots.co.uk). ALL children are expected to wear a hat from SHARK level upwards.
- Please bring a flannel for runny noses!
- Do not wear jewellery that is valuable or that you mind losing, or that will scratch your baby.
- Ensure you fill in the medical disclosure form on the website if YOU or YOUR BABY have any medical conditions.
- Please DO NOT SWIM your baby if they have: conjunctivitis, anything contagious such as Hand, foot and mouth, German measles, impetigo, chicken pox spots until they have scabbed over, a green snotty blocked up nose (generally the sign of an infection) or has had diarrhoea within 48 hours.
- Water Warts should be covered with either a sunsuit or a wetsuit. Check with your Teacher
- Submersions are not done if baby has hiccoughs or is coughing

### Photography:

No cameras, camera phones, or video cameras allowed during lessons.

Aquatots provides underwater photography sessions at the end of most terms – details of these will be on the website at [www.aquatots.co.uk](http://www.aquatots.co.uk)

### Level restrictions for pool:

There are no level restrictions at this pool